



CLASS SCHEDULE

August 2015

www.monroerealtraining.com/classes/

Phone: 608-235-8258

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8:00-8:50 AM FUNCTIONAL FITNESS (FF) BOOT CAMP
2	3 NO AM CLASS 6:00-6:50 PM BUTTS & GUTS (LEGS & ABS)	4 NO CLASSES	5 5:40-6:30 AM BUTTS & GUTS	6 5:45-6:35 PM FF BOOT CAMP	7 NO CLASSES	8 8:00-8:50 AM BUTTS & GUTS
9	10 5:40-6:30 AM BUTTS & GUTS 6:00-6:50 PM FF BOOT CAMP	11 NO CLASSES	12 5:40-6:30 AM FF BOOT CAMP	13 6:00-7:00 PM COUNTRY LINE DANCING	14 NO CLASSES	15 NO CLASSES
16	17 NO CLASSES	18 6:00-7:00 PM ZUMBA®	19 5:40-6:30 AM BUTTS & GUTS	20 5:45-6:35 PM FF BOOT CAMP	21 NO CLASSES	22 8:00-8:50 AM BUTTS & GUTS
23	24 5:40-6:30 AM BUTTS & GUTS 6:00-6:50 PM BOOT CAMP	25 6:00-7:00 PM ZUMBA®	26 5:40-6:30 AM FF BOOT CAMP	27 5:45-6:35 PM BUTTS & GUTS	28 NO CLASSES	29 8:00-8:50 AM FF BOOT CAMP
30	31					